



**NOW
ACCEPTING
FEMALE
YOUTH!**

RESIDENTIAL OPTIONS FOR ADOLESCENTS IN RECOVERY (R.O.A.R.)

An Arkansas Department of Human Services Program, operated by Rite of Passage



RITE OF PASSAGE
IMPROVING THE LIVES OF YOUTH



What is R.O.A.R.?

R.O.A.R. is a pilot residential substance abuse treatment program for at-risk male and female youth ages 13 through 17 with a history of past or current use of opioids or stimulants. The program is housed at the former Lewisville Juvenile Treatment Center in southwest Arkansas. Rite of Passage (ROP), which operates the juvenile justice treatment centers in Arkansas for the Department of Human Services (DHS) Division of Youth Services (DYS), is managing the program. R.O.A.R. combines traditional elements of Rite of Passage culture with evidence-based practices for comprehensive adolescent drug abuse treatment. The program is meant to divert court-involved teens so that they do not need to be placed in DYS custody.

How does the program work?

Juvenile courts and the Division of Child and Family Services may refer teens to DYS for an assessment. Eligible youth are assessed by R.O.A.R. clinicians, and if found to meet specific criteria, begins the 90-day residential program at no cost to the youth or their family. While the state covers the cost of the program, the families must provide Medicaid or private insurance coverage to cover the cost of any off-campus medical needs. The youth will also receive six months of aftercare including peer support, relapse prevention, and therapeutic follow-up services upon successful program completion. During a stay in the program, youth receive:

- CBT-based group treatment five days per week.
- Individual therapy at least once per week (more frequently if needed).
- Monthly family therapy sessions to help families support their youth's sobriety, explore family roles, and identify and reinforce strengths using components of the Family-Centered Treatment Curriculum.
- Daily Positive Skill Development or Positive Organizational Culture group meetings.
- Opportunities for therapeutic gardening in the Campus Greenhouse at least twice per week, weather permitting.
- Vocational exploration, life skills training, and educational services, including health and addiction courses.
- Daily, structured exercise, healthy foods, and sobriety planning.
- Regular drug testing.

Youth also complete a comprehensive portfolio for themselves using ROP's I-RECOVER model. Neither medically supervised withdrawal/detox services nor medication-assisted treatments are provided.

Programming designed to promote learning, growth and healing.

Who is eligible for an assessment?

The residential program serves teens ages 13 through 17. Teens who will reach their 18th birthday before completing the program will not be considered. To be eligible, the youth must:

- Have a high substance abuse issue identified in the SAVRY and a critical CRAFFT score.
- Have identified opioid and/or stimulant use.
- Must NOT be committed to DYS.
- Must NOT be considered medically frail or have a poorly controlled medical condition requiring medical supervision.
- Must NOT be a sex offender or adjudicated for sexual offenses.
- Must be considered non-violent. Teens with violent or aggressive behaviors will not be considered.
- Must NOT be charged with a serious offense (pending adjudication or already adjudicated). Teens whose charges have been dropped or dismissed may be considered.

Do all teens who are assessed get in?

No. Teens who meet the criteria above will undergo an assessment that includes the SASSI-A3, the Teen Addiction Severity Index, a mental health Interview, and the ASAM Crosswalk. Using that information, teens who are determined to have an opioid use disorder or a stimulant use disorder requiring the level of treatment provided at R.O.A.R. (ASAM level 3.5) may be offered admission.

How do I make a referral?

Juvenile courts, the Division of Child and Family Services, and other entities may make referrals by contacting DYS, directly. R.O.A.R. does not accept direct referrals. Please provide the following information in an email to DYSROAR@dhs.arkansas.gov:

- Juvenile Courts will submit a completed and updated SAVRY, MAYSI, CRAFFT, name of guardian, contact information for guardian, and the location of the teen (e.g. in JDC).
- The Division of Child and Family Services workers will submit a completed and updated Placement Referral and Admission Form.

DYS will let referring entities know by email when a teen is eligible for an assessment and the next steps.

What happens when a teen completes the residential program?

Residential treatment is only the first phase of the R.O.A.R. program. Soon after teens arrive at the program, they work with a case manager to plan for what happens after they leave, including identifying therapeutic contacts in their home communities. Aftercare and peer support will be available for six months following residential treatment and will include:

- Weekly individual sessions supporting sobriety and addressing any co-occurring disorders.
- Monthly family sessions to more fully address family issues identified during residential treatment.
- Random drug testing.

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www.roartreatmentcenter.com

DYSROAR@dhs.arkansas.gov



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